



## Physical & Occupational Therapy for Parkinson Disease: The Science and Practice of *LSVT BIG*<sup>®</sup>

**You are invited to attend a two-hour interactive symposium on LSVT BIG<sup>®</sup>, a physical and occupational therapy designed specifically for people with Parkinson disease (PD).**

The symposium will include a 1-hour lecture presented by LSVT BIG<sup>®</sup> faculty who are clinical experts in this treatment. Following the lecture, we invite participants with PD to engage in a 1-hour interactive session where they can try LSVT BIG<sup>®</sup> exercises along with the physical and occupational therapists attending the workshop. Please wear comfortable clothing and shoes to the event.

People with PD, family members, friends, caregivers, and other health care professionals are also encouraged to attend the **FREE** Lecture (12:00 pm – 1:00 pm) to learn more about the latest science related to the evidenced based treatments, LSVT LOUD<sup>®</sup> and LSVT BIG<sup>®</sup>. The interactive exercise session (1:00 pm – 2:00 pm) is reserved for participants with PD and their family members attending.

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**When:** Sunday, September 16, 2018

12:00 – 1:00 p.m. Lecture (detailed below) and Refreshments  
1:00 – 2:00 p.m. Interactive Exercise Session (Optional)

**Where:** **Holiday Inn Downtown Rochester MN (RSTDT)  
Plaza Ballroom**

220 South Broadway, Rochester, MN 55904

[Click here for map/directions](#)

**RSVP:** Please RSVP to LSVT Global at:

<b>Toll Free:</b>	<b>Direct:</b>	<b>Fax:</b>	<b>Email:</b>
(888) 438-5788	(520) 867-8838	(520) 867-8839	<a href="mailto:info@LSVTGlobal.com">info@LSVTGlobal.com</a>

**This symposium is offered FREE OF CHARGE. Registration is limited.**

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### Summary

The LSVT (Lee Silverman Voice Treatment) Programs for individuals with PD have been developed and researched over the past 20 years beginning with a focus on the speech motor system (LSVT LOUD<sup>®</sup>) and more recently have been extended to address limb motor systems (LSVT BIG<sup>®</sup>). This presentation will:

1. briefly explain recent advances in neuroscience that have had a positive impact on the field of rehabilitation for individuals with PD.
2. discuss the development and data on an efficacious speech treatment LSVT LOUD<sup>®</sup>.
3. describe development and data for an effective limb motor treatment LSVT BIG<sup>®</sup>.
4. demonstrate the key LSVT BIG<sup>®</sup> exercises.
5. highlight tools to locate LSVT BIG<sup>®</sup> clinicians in your geographic area.

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