LSVT BIG is an intensive, amplitude-focused physical and occupational therapy approach developed from principles of the effective Parkinson’s specific speech treatment LSVT LOUD®.

- The LSVT Programs have been developed and scientifically researched over the past 25 years with funding from the National Institutes of Health.

- Research on LSVT BIG has documented improved ratings on tests of motor functioning in people with Parkinson disease following treatment including:
  - Faster walking with bigger steps
  - Improved balance
  - Increased trunk rotation
  - Improvements in activities of daily living such as bed mobility
  - Improved UPDRS Motor Score

LSVT BIG is a standardized treatment protocol, which is customized to the unique goals of each patient including both gross and fine motor skills. LSVT BIG can be adapted or progressed in order to meet each patient’s needs across a range of disease severity and presenting impairments.

- LSVT BIG treatment consists of:
  1) 16 sessions: 4 consecutive days a week for 4 weeks
  2) Individual 1 hour sessions
  3) Daily homework practice
  4) Daily carryover exercises

- It is essential that LSVT BIG treatment is only delivered by physical or occupational therapists who are certified in this method.

- LSVT BIG is being delivered by over 10,000 certified LSVT clinicians in 38 countries.

Select References:

Research has been funded, in part, by the: National Institutes of Health-National Institutes on-Deafness and Other Communication Disorders (NID-NIDCD) R01 DC001150 and National Institute of Neurological Disorders and Stroke (NINDS) R21 NS043711.
LSVT LOUD is the first speech treatment with level 1 evidence and established efficacy for treating voice and speech disorders in people with Parkinson disease (PD) with application to other neurological disorders.

• The LSVT Programs have been developed and scientifically researched over the past 25 years with funding from the National Institutes of Health. LSVT LOUD outcome data have been published in a series of refereed articles in speech, otolaryngology and neurology journals.

• Research on LSVT LOUD has documented improved impact on multiple levels of functioning in people with PD following treatment including:
  - Increased vocal loudness
  - Improved articulation and speech intelligibility
  - Improved intonation
  - Improvements in facial expression
  - Changes in neural functioning related to voice and speech

LSVT LOUD is a standardized treatment protocol that is customized to the unique communication goals of each person across a range of disease severity and communication impairments.

• LSVT LOUD treatment consists of:
  1) 16 sessions: 4 consecutive days a week for 4 weeks
  2) Individual 1 hour sessions
  3) Daily homework practice
  4) Daily carryover exercises

• It is essential that LSVT LOUD treatment is only delivered by speech-language pathologists who are certified in this method.

• LSVT LOUD is being delivered by over 16,000 certified LSVT clinicians in 69 countries.

Select References:

Research has been funded, in part, by the: National Institutes of Health-National Institutes on Deafness and Other Communication Disorders (NID-NIDCD) DC00976 and DC001150; and The Office of Education-National Institute for Disability and Rehabilitation Research (OE-NIDRR) Grants H133G00079 and H133G40108.

LSVT Global, Inc.
Phone: 1-888-438-5788 Email: info@LSVTGlobal.com Website: www.LSVTGlobal.com